

## **BLUEGRASS APPLIANCE**

The bluegrass appliance is used as an alternative to traditional habit breaking appliances. This fixed appliance utilizes a Teflon roller that spins on a support wire to distract the patient from thumb sucking or tongue thrusting. It is a passive appliance, meaning, there is no discomfort associated with this appliance. Speech may be affected for a few days while you are getting used to having it in your mouth, but you will adjust quickly. The Doctor may need to remove, adjust, and recement the appliance occasionally.

Please stay away from hard, sticky, gooey, chewy foods that can damage your appliance or cause the bands to become loose.

Call the office if the appliance comes loose or breaks. Broken appliances will result in an additional charge to repair or remake.

